



RBC Royal Bank®

## RBC RCA National Rowing Championships

Elk Lake, Victoria, B.C.

November 9 – 11, 2012

### Bulletin No. 1

June 5, 2012

Rowing Canada Aviron is pleased to announce that the Victoria City Rowing Club (VCRC) will host the seventh annual Rowing Canada Aviron National Rowing Championships (NRC) on Elk Lake, Victoria, British Columbia, from Friday, November 9<sup>th</sup> to Sunday, November 11<sup>th</sup> 2012. RCA's Vice President, Administration, Brian Lamb, a member of VCRC, will be the Regatta Chair of the Organizing Committee and Wayne van Osterhout of Victoria, will be the Chief Umpire for the regatta.

For details on who can enter the regatta, the events and rules specific to the NRC, please peruse the NRC Technical Package (TP) that was circulated May 18<sup>th</sup>, 2012. Highlights from the Technical Package follow.

#### RIGHT OF ENTRY

A change for 2012 is that entries will be accepted from the provincial rowing associations and the RCA National Training Centres. Athletes training at the NTC's will compete under the national training centre designation. The RCA High Performance Director will provide a roster of national training centre athletes to the regatta Organizing Committee prior to the entry deadline. Sport Canada carded athletes assigned to and training at a National Development Centre or Talent Development Centre will be eligible to enter only through their respective provincial / territorial rowing association.

All athletes entering the NRC are required to be registered with RCA in the competitive rower category through a member rowing club **prior** to the province / NTC making an entry for the athlete. The affiliated club name will be required with the entry to enable athletes to be ranked and points awarded to the athlete's province. Please review the stipulations about club affiliation in section 4.2 of the TP.



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## **ENTRY FEE**

For the 2012 NRC, the entry fee will be \$70.00 per competitor (\$70.00 for a single entry and \$140.00 for a pair entry). The entry fees for the Adaptive events will be at the rate of \$50.00 per competitor (\$50.00 for an ASW1x and ASM1x entry, \$100.00 for a TAMix2x entry and \$250.00 for an LTAMix4+ entry). 12% HST will be added to the cost of all entries.

Information regarding the order of events, entry forms, entry deadline and where to send entries will be included in Bulletin No. 2.

## **ATHLETE WEIGHT and WEIGH-IN**

The FISA maximum weight for a single sculler (male 72.5 kg, female 59 kg) shall be permitted in the lightweight single sculls events as well as in the lightweight pair oared events. The weigh-in protocol for rowers as described in the FISA Rules of Racing [Rule 26] shall be followed with one exception: athletes will be permitted to weigh-in wearing summer-weight colours; the summer-weight colours are not required to be provincial / territorial / NTC issue. Coxswains for the LTAMix4+ event shall be weighed in under the FISA Regulation Rule 22.

## **RACING DISTANCE**

The racing distance on Elk Lake will be 1,850 metres for the able bodied events and 1,000 metres for the Adaptive events. The course will have six fully buoyed racing lanes.

## **PROGRESSION SYSTEM and SEEDING PANEL AND FAIRNESS COMMITTEE**

On November 9th there will be time trials or heats if the number of entries warrant it. On Saturday, the repêchages, quarterfinals and semi-finals will be held. On Sunday, the finals will be held.

Please read section 8 of the Technical Package for details on how the entries will be grouped. If necessary, entries to the heats will be seeded. A Fairness Committee will be in place at the regatta to ensure that as far as possible, athletes compete under fair conditions.

## **EQUIPMENT**

Each province / territory as well as the national training centres, are responsible for the provision of all boats, oars and sculls as required for each race.

## **RCA PROVINCIAL PARTICIPATION SUPPORT FUNDING PROGRAMME**

The programme will be in place for the 2012 NRC and will have the same pool of funds as it had in 2011, \$30,000.00. Information on the programme will be forwarded to the provincial rowing association offices by August 1, 2012.

## ACCOMMODATIONS



Howard Johnson Hotel & Suites  
4670 Elk Lake Drive  
Victoria, BC V8Z 5M2

Please quote group code **RR08** when making reservations.

### Deluxe Room - \$89.00

2 Queen Beds, microwave, mini-fridge, mini-sink.  
Poolside room: add \$20

### One Bedroom Suite - \$109.00

1 Queen bed in a bedroom, a sofa bed in a separate living room, microwave, mini-fridge, mini-sink.

### Junior Suite/Full Kitchen Suite - \$89.00(no kitchen)/\$119.00(with kitchen)

1 Queen bed & a sofa bed, microwave, mini-fridge.  
With full kitchen: add \$30

Direct Toll Free Reservation Line: 1-866-300-4656

Email: [groups@hojovictoria.ca](mailto:groups@hojovictoria.ca)

Information on other accommodations will be in Bulletin No. 2.

Questions on the regatta should be sent to RCA's Domestic Development Officer Dave Derry, at [dderry@rowingcanada.org](mailto:dderry@rowingcanada.org), 905-682-1747 (office).